

SHAPE UP

# Step Up Your *Style*

Sport a cool gym look with these chic athletic pieces



**Blousing helps disguise a belly**

Polyester-blend pleated tank with built-in bra support, Adidas, \$45; 212-529-0081 or shopadidas.com.

**OUT:** Oversize tees

**IN:** Stylish, flattering tops



**Loose cap sleeves balance a pear shape**

Tencel jersey tee, Adidas by Stella McCartney, \$80; 212-529-0081.



**Great for concealing arms—and running errands**

Cotton fleece long-sleeve top, See by Chloé, \$280; saks.com.

*not just for kicks*

These sneakers embrace summer's neon trend (and they're also great running shoes).

Mesh stretch nylon cushion racer, Newton, \$160; 877-860-7695 or newtonrunning.com.

## ROUTINE: *dance*

Use GWEN STEFANI's street-smart style to inspire your workout wear.



GWEN STEFANI



**SHIRT** Cotton sweatshirt, Bebe Sport, \$36; bebe.com. **TANK** Cotton, Converse One Star, \$15; target.com. **PANTS** Cotton sweats, Clu, \$185; at ILO, 859-233-9778. **SNEAKERS** Canvas with metallic trim, Converse, \$35; target.com. ▶